

Resources for Mothers with Perinatal Mood Disorders

- Alliance Behavioral Healthcare
919-651-8400
M-F until 8pm, then answering service
Provides screening/ funding for some
Works with insured/noninsured
- UNC Center for Women's Mood Disorders
919-966-5217
www.womensmooddisorders.org

Other providers which also will take Medicaid in our areas

- Wake County Carolina Community Health
919-875-3211
- Cottage Healthcare
919-872-1441
- Easter Seals
919-865-8710

Providers

- David Miller, MD, PhD
Dr. Miller is a psychiatrist in private practice with specific interest in Postpartum Mood Disorders. He also has more than 25 years experience as an OB/GYN physician.
919.593.6844
523 East Wait Avenue, Wake Forest, NC 27587
<http://www.davidmillermd.com/>
does not bill insurance but provides patients materials to seek reimbursement. No Medicaid or Medicare.
- Betty-Shannon Prevatt, MA, LPA
Betty-Shannon Prevatt is a clinical psychologist experienced in treating women with postpartum mood disorders.
919.612.3348
2601 Lake Drive Suite 103, Raleigh, NC 27607
<http://www.bsprevatt.com/>
\$110 for 50 min session. Does help with filing out of network claim.
- Margot A. Holloman, PhD
Dr. Holloman is a clinical psychologist with an extensive background in the treatment of depression.
919.816.0607 or 919.363.4703
7404-A Chapel Hill Road, Raleigh, NC 27607
<http://www.drmargotholloman.com/>
\$120-150 per session. Takes BCBS anyone else would be considered out of network.
- William Meyer, MSW
Bill Meyer is an associate clinical professor in the Department of Psychiatry and OB/GYN at Duke University Medical Center. He leads the Duke Postpartum Support Program, and has a private practice in his home.
919.681.6840
Works a couple days a week to see patients as a courtesy or phone advice. Does not take insurance or reimbursement. Prefers mother to call directly.

- Samantha Meltzer-Brody, MD
Dr. Meltzer-Brody is a psychiatrist and researcher at UNC with special interest and expertise in PMD.
919.966.5217 or 919.962.9766
<http://www.med.unc.edu/psych/directories/faculty/samantha-meltzer-brody-m-d>
Accepts all insurance except Aetna. Accepts Medicaid and Medicare.
- Dori Pelz-Sherman, PhD
Dr. Pelz-Sherman is a doctoral level clinical psychologist whose degree includes a concentration in Parent Infant Mental Health. Specializes in Perinatal Mood Disorders.
919-434-1661
<http://drpelz-sherman.com/>
Flexible hours, Gives paperwork to send to insurance companies for reimbursement. No Medicaid.
- Andrea Eaves, LCSW
353 West 2nd St
Clayton, NC 27520
919-271-0135
*Flexible hours, Files insurances: Medicaid, Medcost, BCBS, Coventry Well Path, Value Options.
Specialize in: Post partum moms, Mood disorders, Parental training, Stress, Anxiety, Trauma,
Christian counseling*
- Dr David Derma
Dunn Psychological Associates
102 Tilghman Dr.
Dunn, NC 28334
910-892-5839
*Takes BCBS, NC Health choice, Tricare, Medcost, Medicaid and Medicare. Mother may call for appt
but if referral by healthcare provider, fax referral and copy of notes from appt.*

Social Services to report neglect or to provide resources for mom/child
919-212-7000 or 919-212-9529
Ask for Intake Specialist

Support Groups

- Moms Supporting Moms
Meets every Thursday at Rex Hospital
919-454-6946
www.MomsSupportingMoms.net
- [UNC Center for Women's Mood Disorders](#)
Chapel Hill, N.C.
919.966.3115
- Duke Support Group in Durham
Professional facilitator
Meets on the 1st and 3rd Thursdays of each month from 7:00 – 8:30 PM
Contact: *Bill Meyer, MSW*
919 681-6840
william.meyer@duke.edu

Great Website Links for support and information

www.postpartumprogress.com

www.postpartumstress.com

www.mededppd.org

<http://www.postpartumdads.org/>

<http://www.postpartum.net/>

<http://www.ppdsupportpage.com/>